

# Georgia Student Wellness

## *Educating the Whole Child*

**Educating Georgia's Future**

**June 2019**



### June National Health Observances

[Alzheimer's & Brain Awareness Month](#)

[Cataract Awareness Month](#)

[Fireworks Eye Safety & Cataract Awareness Month](#)

[Men's Health Month](#)

[Myasthenia Gravis Awareness Month](#)

[National Aphasia Awareness Month](#)

[National Congenital Cytomegalovirus Awareness Month](#)

[National Migraine and Headache Awareness Month](#)

[National Safety Month](#)

[National Scleroderma Awareness Month](#)

*The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the GaDOE.*

### Every Student Succeeds Act

Did you know that Georgia's state plan for the Every Student Succeeds Act focuses on the **WHOLE CHILD**? Georgia recognizes that by focusing on the whole child schools are building a strong foundation, expanding educational opportunities, and preparing our students for life.



### Upcoming Workshops

**Stewards of Children**- Join **CHOA** as

Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

**June 7 — 1:30 to 4 p.m.**

**August 12 — 1:30 to 4 p.m.**

**October 23 — 1 to 3:30 p.m.**

Children's Healthcare of Atlanta

Office Park Learning Center

1680 Tullie Circle NE

Atlanta, GA 30329

For more information, please contact Angie Boy, 404-785-5004 or email [cpctraining@choa.org](mailto:cpctraining@choa.org).

## Georgia Student Wellness-Supporting the Whole Child

## Counseling &amp; Social Services

**Read About Anxiety in Teens**

Approximately 1 in 3 of all adolescents ages 13 to 18 will experience an anxiety disorder. That's according to the National Institutes of Health. The American Academy of Pediatrics recently released an article addressing the rising anxiety rate in American teens. [Read the article to learn more information.](#)

**Get the Facts on Anxiety and Depression in Youth**

According to the Centers for Disease Control and Prevention, approximately 7% of children between the ages of 3 to 17 have diagnosed anxiety. [Learn the facts about anxiety and depression in children and view mental health resources.](#) [Check out the Health Chats webpage for additional information.](#)

**Learn About the Importance of Sleep**

Are your students getting enough sleep? Are you getting enough sleep? The Centers for Disease Control and Prevention has a sleep chart to help individuals figure out how much sleep they need. [View the chart](#) and [learn about the physical and mental health effects of proper sleep in adolescents.](#)

## Physical Education

**Report Explores Physical Education Exposure Among Students**

According to a recent report from the Centers for Disease Control and Prevention and the National Physical Activity Plan Alliance (NPAPA), minority students have been disproportionately affected by school physical education cuts during the previous 2 decades. For more information about physical education exposure, [visit the NPAPA website.](#)

**Benefits of Physical Activity**

Regular physical activity can help children and adolescents improve cardiorespiratory fitness, build strong bones and muscles, control weight, reduce symptoms of anxiety and depression, and reduce the risk of developing health conditions such as: Heart disease, Cancer, Type 2 diabetes, High blood pressure, Osteoporosis, and Obesity. [Visit the CDC website for more information.](#)



## Healthy School Environment

**Report Explores School Vending Machines**

Many students rely on school vending machines for breakfast and lunch. Before the implementation of Smart Snacks, most vending machine items had poor nutritional value. The Centers for Disease Control and Prevention analyzed photographs of school vending machines prior to the Smart Snacks implementation. [Review the report to learn about the prevalence of specific foods and beverages and the marketing on the machines.](#)



## Health Education

**Updates from CDC and U.S. Surgeon General**

The Centers for Disease Control and Prevention recently announced that from January 1 to May 3, 764 individual measles cases have been confirmed in 23 states. U.S. Surgeon General Jerome M. Adams, M.D., M.P.H., is sharing the message that vaccines are safe and effective ways to protect your children. [Watch the three-minute video on YouTube.](#)

**Teach Your Students About the Dangers of Mercury**

Looking for a lesson for your 6th through 8th grade students about the health hazards of mercury exposure? Look no further than the Centers for Disease Control and Prevention's Don't Mess with Mercury webpage. Students can explore the dangers of mercury with PowerPoint presentations and computer-based learning. [Check out the lesson plans today!](#)

**Teach Your Students About Bike Safety**

Summer vacation is here, and many students will be on their bicycles. To help promote a safe summer, teach your 3rd to 5th grade students about bicycle safety. Kidshealth in the Classroom, brought to you by the Nemours Foundation, has a [teacher's guide](#) and a lesson plan addressing the ins and outs of bicycle safety. [Visit the website to access the bike safety lesson plan and handouts.](#)

## Georgia Student Wellness-Supporting the Whole Child

### School Health Services

#### Review Measles Outbreak Toolkit

Looking for resources to promote and educate about vaccines and measles? The Centers for Disease Control and Prevention created a digital toolkit for providers and their patients about measles and vaccines. [Go to the webpage to access the toolkit.](#)

#### Learn About the Meningococcal Vaccine

Did you know that teens and young adults are at increased risk for meningococcal disease? [Access the Centers for Disease Control and Prevention's webpage to learn about this disease and vaccine recommendations.](#)

#### Skin Cancer Prevention

Summer is here and many families are playing in the sun. Learn sun safety tips, from the Centers for Disease Control and Prevention, to keep your kids safe while playing outside. Talk to your child's school about [sun safety too!](#) [Read the webpage for more information.](#)

### Community Involvement

#### Improve Schools with Community Engagement

The U.S. Department of Education has a report examining key strategies for community engagement in improving schools. The report highlights the importance of improving the school with the community, not to the community. [Download a PDF of the report to learn more.](#)

#### Review Public Health Outcomes for Georgia

Do you want to know how Georgia's public health outcomes stack up against other states? Trust for America's Health has an online tool that breaks down each state's health indicators and health outcomes. [Visit the website today for more information](#)



### Nutrition Services

#### Study Examines School Nutrition and Meal Costs

The U.S. Department of Agriculture recently released findings of a comprehensive assessment of the school meals program. The study is the first since the implementation of the updated nutrition standards and discusses what school meals look like since the changes were made. The results from the study are separated into 4 reports that address food service operations, nutrient content of school meals, meal costs and student participation. [Visit the webpage to view the study.](#)

#### Brief Explores Low-Calorie and Zero-Calorie Beverage Consumption

According to a recent report, children and teens in the United States who consumed zero-calorie and low-calorie beverages took in approximately 200 extra daily calories compared to youth who drink water. They also consumed about the same number of daily calories as youth who consumed sugary beverages. [Read the brief for more information.](#)

### Staff Health Promotion

#### Learn About Hand Hygiene

The Centers for Disease Control and Prevention has two free continuing education courses addressing glove use, hand washing and hand hygiene. The courses are designed to practitioners identify glove use and hand washing best practices. [Take the courses today!](#)

#### Learn Eating Tips for Busy, Active Families

Is your family always on the go? Did you know that 1 in 3 children and teens eat fast food daily? The American Academy of Pediatrics has tips for families addressing how to eat and drink healthier before and after games. [Check out the webpage to learn more.](#)

#### Build a Cook Book for the Entire Family

Do you want to encourage your family to eat healthier but are unsure of what to cook? Visit the U.S. Department of Agriculture's Build My Cookbook website to search for recipes and build a custom-made cook book. [Go to the website and start cooking!](#)





## Georgia Student Wellness-Supporting the Whole Child

### News from NASN

NASN has a number of resources to help you as school nurses amplify these messages of health and well-being for our students. You can access them on the NASN website, and see specific topics like [violence in schools](#) and [school wellness](#).



#### New NASN Immunization Transition Toolkit Available

More than ever, the role of the school nurse is critical: school nurses must provide information, education, and community resources for access to health care and immunizations. NASN has created an Immunization Transition Toolkit for use during times of student transitions within the school systems, including between elementary school and middle or intermediate school; between middle or intermediate school and high school; and between high school and college or career. This free toolkit was created by NASN, in collaboration with Sanofi Pasteur. [Learn more](#)



NASN now has available a one hour online course, [Mental Health: Tips for Today's Students and Nurses](#). The one-hour CNE program provides strategies and skills to promote positive and supportive interactions for students mental health issues; identifies tools and resources for the identification and assessment of mental health concerns; and identifies mental health intervention best practices for delivery by school nurses. Featuring Jill Haak Bohenenkamp, PhD, National Center for School Mental Health, the course is free for NASN members.

[Register here](#)



### Funding Opportunities

#### NEA Foundation Learning and Leadership Grants

The [NEA Foundation for the Improvement of Education External link](#) awards grants that support the professional development of public school teachers and faculty in public institutions of higher education. Grants may fund professional development experiences, such as summer institutes or action research, mentoring experiences or lesson study. Professional development must improve practice, curriculum and student achievement, and recipients must put professional leadership into practice by sharing what they learn with their colleagues. Grants cannot be used to fund a degree. For specific information, visit the NEA Foundation's [application instructions External link](#) page.

#### Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. As part of their efforts, Target seeks to expand the parameters of the classroom by providing opportunities for you to fund educational excursions for your classes. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip. Funds may be used for transportation, registration for events, admission prices and other field trip expenditures.

#### Firehouse Subs Public Safety Foundation AED Grants

Wednesday, August 28 at 5 p.m. for Quarter 4 Grants  
Wednesday, November 13 at 5 p.m. for 1st Quarter Grants

[What are the Foundation funding guidelines?](#)

Life-saving equipment, prevention education, scholarships and continued education, disaster relief and military support.

#### Apply for a Community Grant

Do you have an idea for an after-school program that would benefit an underserved community? Apply for a Community Grant from the Walmart Foundation. The deadline is December 31. [Visit the foundation's webpage for a complete list of requirements.](#)

## Georgia Student Wellness-Supporting the Whole Child

## Resources &amp; Webinars

**Epidemiology and Prevention of Vaccine-Preventable Diseases**

Vaccine-Preventable Diseases and the Vaccines CDC is offering a weekly series of 15 one-hour webinars that will provide an overview of vaccination principles, general recommendations, immunization strategies, and specific information about vaccinepreventable diseases and the vaccines that prevent them.

The webinars start on June 5, 2019, and will air live most Wednesdays from 12–1 p.m. EDT through September 25, 2019. Continuing education credits will be available. Click [here](#) for more information.

**Alternative Epinephrine Auto-Injectors Now on the Market****Teva® Epinephrine auto injector (generic EpiPen®)**

This is the device marketed by Teva and approved by the FDA. It functions similarly to the EpiPen® and as such is the first FDA approved generic for EpiPen®.

<https://www.tevaepinephrine.com/howtouse>

**Symjepi™**

This device is a prefilled syringe, not a true auto-injector. It requires you to insert the needle, then press the plunger to administer the epinephrine. The device was approved by the FDA last year and is more appropriate for use by trained individuals such as nurses, emergency responders, and trained adults. [Read more about Symjepi from SnackSafely.com](#)

Here is a video showing how to use the Symjepi: <https://youtu.be/VSPpf68w3Jw>

**Auvi-Q®**

This is the rectangular auto-injector manufactured and marketed by Kaléo available in three dosages: 0.1mg, 0.15mg and 0.3mg. When activated, a voice prompt steps you through the administration process. It is principally available via mail order. <https://kaleo.com/>

Here's a video showing how to use the Auvi-Q: <https://youtu.be/bZl5vXwZUOg>

**Impax (also Amneal or Lineage) Epinephrine Injection, USP Auto-Injector**

This is the generic version of the Adrenaclick® auto-injector for sale at CVS pharmacies et al, but known under different names because of acquisitions. Though this is a generic, it does not work the same way as EpiPen, hence it cannot generally be dispensed in place of EpiPen® or Mylan's Authorized Generic and must be filled using a separate prescription. This device is also manufactured by Pfizer and has been prone to recent shortages.

<https://epinephrineautoinject.com/>

Here's a video showing how to use this auto-injector: <https://youtu.be/qK8beo1uKYI>



# Fireworks Safety



Each year, fire departments across the country respond to emergencies resulting from the use of fireworks; including injuries and wildland or structure fires. These incidents occur most often throughout the month surrounding the July Fourth holiday.

## Did You Know?

During this time, around **200** people are seen in the ER ***each day*** with fireworks-related injuries.

The three body parts most commonly injured by fireworks:

- **Hands**
  - **Eyes**
  - **Head**
- 

## Stay Safe

- **Follow all warnings and instructions.**
  - Never allow children to play with fireworks of any kind.
  - **Wear protective clothing, including eye wear.**
  - Light devices on smooth flat surfaces away from residential areas, dry leaves and flammable materials.
  - **Always keep a hose or bucket of water nearby in case of malfunction.**
  - Never try to re-light fireworks that have not fully functioned.
- 





# 10 WAYS TO LOVE YOUR BRAIN



**START NOW.** It's never too late or too early to incorporate healthy habits.



## HIT THE BOOKS

Formal education will help reduce risk of cognitive decline and dementia. Take a class at a local college, community center or online.



## BUTT OUT

Smoking increases risk of cognitive decline. Quitting smoking can reduce risk to levels comparable to those who have not smoked.



## FOLLOW YOUR HEART

Risk factors for cardiovascular disease and stroke – obesity, high blood pressure and diabetes – negatively impact your cognitive health.



## BREAK A SWEAT

Engage in regular cardiovascular exercise that elevates heart rate and increases blood flow. Studies have found that physical activity reduces risk of cognitive decline.



## STUMP YOURSELF

Challenge your mind. Build a piece of furniture. Play games of strategy, like bridge.



## HEADS UP!

Brain injury can raise risk of cognitive decline and dementia. Wear a seat belt and use a helmet when playing contact sports or riding a bike.

Growing evidence indicates that people can reduce their risk of cognitive decline by adopting key lifestyle habits. When possible, combine these habits to achieve maximum benefit for the brain and body.

## BUDDY UP

Staying socially engaged may support brain health. Find ways to be part of your local community or share activities with friends and family.



## TAKE CARE OF YOUR MENTAL HEALTH

Some studies link depression with cognitive decline, so seek treatment if you have depression, anxiety or stress.



## CATCH SOME ZZZ'S

Not getting enough sleep may result in problems with memory and thinking.



## FUEL UP RIGHT

Eat a balanced diet that is higher in vegetables and fruit to help reduce the risk of cognitive decline.



Visit [alz.org/10ways](http://alz.org/10ways) to learn more.

alzheimer's  association®

THE BRAINS BEHIND SAVING YOURS.®

## FACTS ABOUT MIGRAINE

The World Health Organization places migraine as **one of the 10 most disabling medical illnesses** on Earth.

Migraine impacts **over 37 million men, women and children** in the United States.

Non-specific oral preventative medications reduce headache frequency by **1/2** in **about 40%** of patients who take these medications – more than **80%** discontinue them by 12 months.

It's estimated that **up to 148 million people in the world** suffer from chronic migraine.

### PEDIATRIC MIGRAINE



Colic in infants may be the earliest sign of migraine attacks.



Approximately **10%** of children experience migraine.



Children with one parent suffering from migraine have a **50% chance** of having it too.



The risk of children having migraine increases to **75%** if **both parents** have it.

For **more than 90%** of those affected, migraine interferes with education, career or social activities.

In 2018, the FDA approved **three preventive treatments** designed specifically for migraine.



**1 in 4 households** in America has a member with migraine.



Migraine is the **third most common** disease in the world, affecting **1 out of every 7 people** globally.

**Fewer than 5%** have been seen by a health care provider, received an accurate diagnosis, and obtained appropriate care.

Migraine is **3x more common** in women than men. Migraine affects **over 30%** of women over a lifetime.

Most people with migraine have a few attacks per month, but **2%** of the population have chronic migraine, and experience headache on more than 15 days per month.

Costs more than **\$20 million** each year in the United States due to direct medical expenses and lost productivity.

[americanmigrainefoundation.org](http://americanmigrainefoundation.org)

AMERICAN MIGRAINE  
FOUNDATION



GET GEORGIA  
READING  
CAMPAIGN FOR GRADE-LEVEL READING

## CAMPAIGN UPDATES



### From the Director

Summer break is upon us and our partners want to make sure all kids in Georgia—especially our most vulnerable children—eat healthy, stay safe, and continue to learn when school's out.

**GeorgiaSummer.org** helps families find summer meal sites (a growing number of which are located at public libraries), library programming, summer learning programs, digital libraries, and much more.

Please help us spread the word. Download our **virtual billboard** and **flyer** to share on your website and social media platforms. And **share** stories, photos, and videos that show how families are incorporating these tools into everyday life using the hashtag **#SchoolsOutGA**.

With gratitude,  
Arianne



# GEORGIASUMMER.ORG



DURING THE SUMMER MONTHS WHEN OUR KIDS ARE OUT OF SCHOOL, THEY STILL NEED TO TO EAT HEALTHY, STAY SAFE, AND CONTINUE TO LEARN. AT GEORGIASUMMER.ORG YOU CAN:

- find summer meals in your community;
- locate safe, licensed summer programs;
- access GPB's summer learning programs for families;
- find a public library near you;
- text **GEORGIA** to **70138** for resources to help your kids succeed in school; and
- gain access to high-quality summer learning experiences.

THOUSANDS OF FREE DIGITAL BOOKS  
AT YOUR FINGERTIPS ALL SUMMER

Register at:  
[renaissance.com/getgeorgiareading](http://renaissance.com/getgeorgiareading).

Log in at:  
[myON.com/login/index.html](http://myON.com/login/index.html).

- School Name: Get Georgia Reading
- Enter username and password.
- Sign in.
- Select a book and start reading.

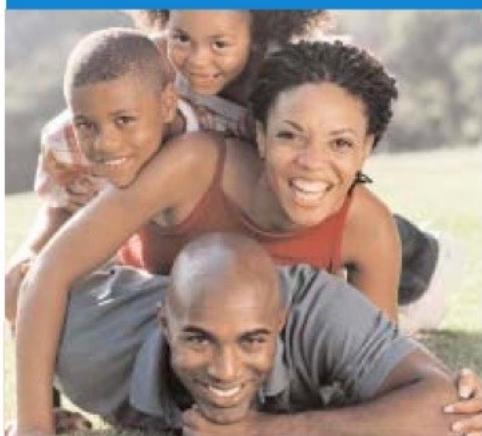
Use the hashtag **#SchoolsOutGA** to share your photos and stories.

**Look Again.** Never leave a child unattended in your vehicle. If you see a child alone in a vehicle, call 911.





# June is Men's Health Month!



## Men's Health Network

Men's Health Network (MHN) is a non-profit educational organization made up of physicians, researchers, public health workers, individuals and other health professionals.

MHN was founded in 1992 by a group of health professionals and key thought leaders interested in improving the health and well-being of men, boys and families.

## The Goal of Men's Health Month

The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys.

Alarming statistics show that men's health is at great risk.

On average, men die almost 6 years younger than women and suffer higher mortality rates for the top causes of death. The lives of hundreds of thousands of men will continue to be threatened unless immediate action is taken to combat this growing crisis.

Research shows that:

- men do not see physicians for a physical exam nearly as often as women
- men are dying of the top causes of death at higher rates than women
- men are more likely to be uninsured than women
- approximately 30,000 men in the US die each year from prostate cancer



*Find events in your area by checking the Men's Health Calendar at: [www.menshealthnetwork.org](http://www.menshealthnetwork.org)*

*Want some interesting and fun things to do during Men's Health Month? Visit us at: [www.menshealthmonth.org](http://www.menshealthmonth.org)*

# Georgia's MTSS

~and~

## Why Do You Need It?

### Georgia's Tiered System of Supports for Students

#### GA MTSS

GA MTSS is a framework for an integrated multi-tiered system of supports to address academic and behavioral needs of students.

1



**Improve Efficiency**  
Develop a continuum of evidence-based, system-wide practices to support a rapid response to academic and behavioral needs.

2



**Improve Effectiveness**  
Refine evidence-based practices and systems that can be generalized for implementation across the district while building capacity for leading, training, and coaching.

3



**Professional Learning**  
Participate in training and coaching to support Georgia's MTSS implementation provided for administrators and teachers.

4



**Sustain and Refine**  
Develop infrastructure to support Georgia's MTSS implementation and establish an ongoing self-correcting feedback loop with data-based decision-making.

5



APPLICATIONS  
OPEN  
JANUARY 22, 2019



Apply to participate by February 28, 2019.  
[www.gadoe.org/MTSS](http://www.gadoe.org/MTSS)



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Project Officer, Jennifer Coffey.

powered by

PIKTOCHART



# 10 WAYS SCHOOLS CAN PROMOTE POSITIVE MENTAL HEALTH



@BelievePHQ

## ENCOURAGE

students and teachers be honest and open with each other



## PROVIDE

mental health support to students as well as teachers



## EDUCATE

students about mental health and the stigma associated to it



## HELP

students to express themselves in a creative way



## BUILD

programmes that helps to develop positive psychological skills such as resilience



## Support

teachers as well as students. Make sure they are looking after their own mental health



## CREATE

a positive school environment where students feel safe to speak about issues or problems they are facing



## ADOPT

a whole school approach to mental health



## DEVELOP

strategies to help support students who are experiencing mental health problems



## WORK

with other organisations to help provide interventions to pupils





## Ten Common Mistakes Found in School AED Programs

1. Not having enough AEDs to cover the building properly.
2. Placing AEDs where they are inaccessible after hours, such as behind locked doors.
3. Not having enough signage indicating the placement of the AEDs throughout the school.
4. Not checking the AED's pads' expiration dates.
5. Removing the batteries from the unit to save battery life.
6. Not checking the unit's battery life.
7. Having too few people trained to respond to a sudden cardiac emergency within the district.
8. Not having a Policy and Procedure in place.
9. Misunderstanding the warranty and indemnification length of their unit and the impact these have on the district.
10. Not having an AED program coordinator and/or a designated emergency response team.

### Department of Public Health– School Health Program

The Georgia Department of Public Health employs a Deputy Chief Nurse for School Health to provide leadership, training, and consultation as it relates to school nursing practice and public health to all health districts, school districts, and nurses serving children in the school setting.

Among the goals of the School Health Nursing Program are to improve the quality of school nursing practice and school health programs, including the health and learning of children and youth.

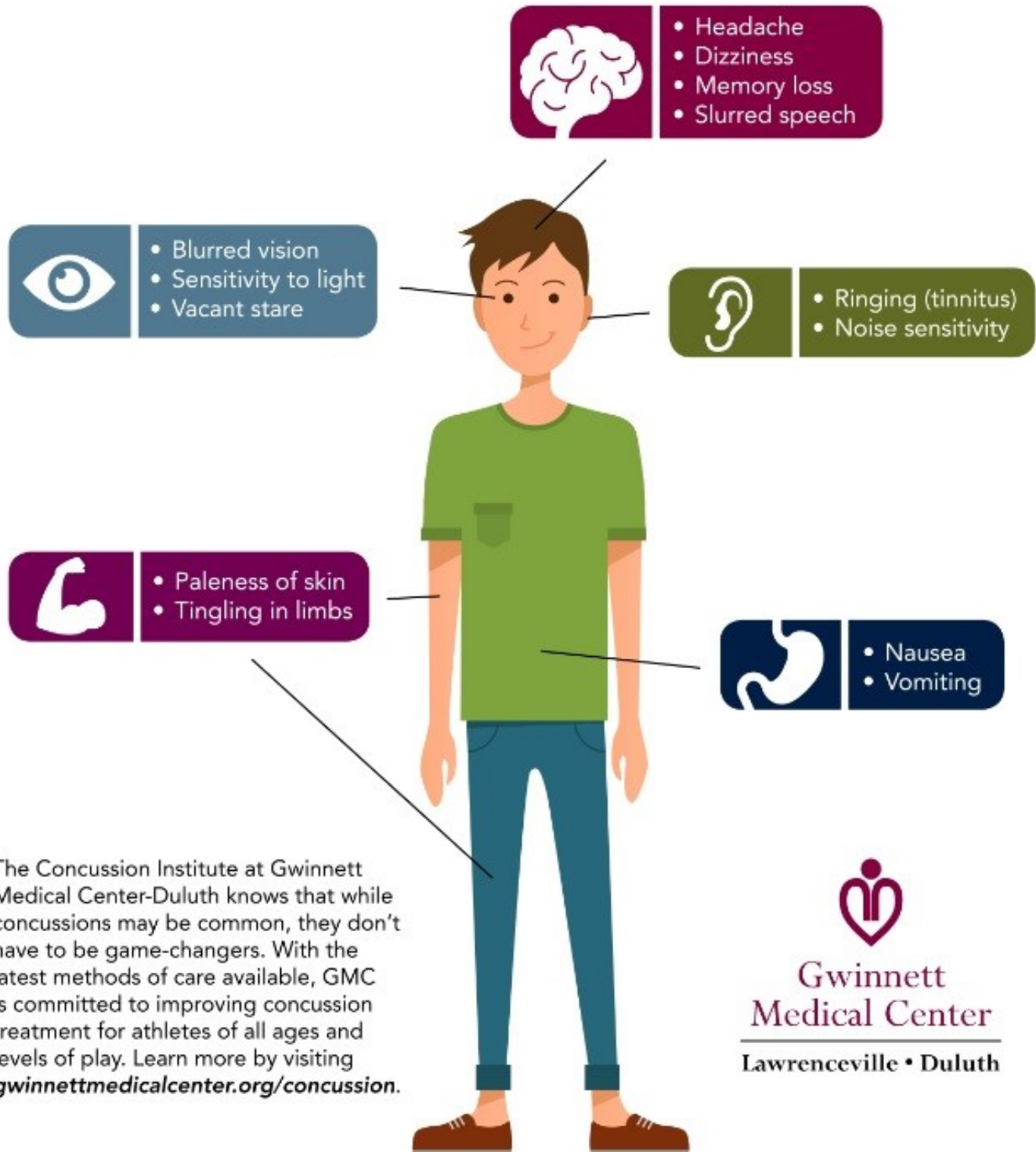
For more information contact:

**Sara Kroening, RN, MSN, FNP-BC, AE-C**  
Deputy Chief Nurse for School Health  
Georgia Department of Public Health  
2 Peachtree Street, N.W., 9th Floor  
Atlanta, GA 30303

[schoolhealth@dph.ga.gov](mailto:schoolhealth@dph.ga.gov)



# Concussion: Head to Toe





## Does Your School Staff Need Mental Health Resources?

### Online Trauma/Brain 101: Understanding the Impact of Trauma on Children/ Youth and Brain Development

Directions for accessing the training [Online Trauma/Brain 101](#)

**Instructional Hours: 3**

**CEUs: 3 hours** MSW (core), LPC & LMFT (related), and DECAL



#### Course Description

This online course will provide participants with foundational knowledge about child trauma, child traumatic stress and how adversity and trauma can impact children and youth and their brain development. Participants will also be introduced to brain architecture and early brain development in children and youth.

#### Topics and Learning Objectives

##### Child Trauma and Child Traumatic Stress

- Explain the term child traumatic stress
- Describe the three types of trauma, and the types of experiences that constitute childhood trauma
- Recognize role in responding to child traumatic stress

##### How Trauma Affects Children

- Explain the relationship between a child's lifetime trauma history and his/her behaviors and responses
- Describe the effects of adversity and child traumatic stress on brain development
- Identify the impact of trauma on child development

##### Brain Systems

- Describe the basic architecture of the brain
- Explain the term brain health
- Describe the process of brain development in young children and adolescents
- Identify the types of experiences and situations that can impact brain development
- Describe the impact of toxic stress and complex trauma on the developing brain

##### Adverse Childhood Experiences and Brain Development

- Describe the relationships between ACEs (adverse childhood experiences) and brain development in children and adolescents
- Describe the relationship between ACEs and lifetime health risks

##### Resilience and Brain Development

- Define the term resilience
- Describe the relationship between resilience and brain health
- Describe how establishing trusting and supportive relationships with children and adolescents can impact resilience

## Georgia Student Wellness-Supporting the Whole Child

### Children's Resources

Eighteen percent of children in the United States have a chronic medical condition. A well-trained school health professional can help these children manage their health and stay in school. Children's Healthcare of Atlanta (CHOA) works closely with school health personnel throughout the state to provide them with educational materials, training and support.

The Children's Regional School Health Coordinator, Gail Smith, provides the following services:

- ◆ [School nurse updates](#) and webinars on clinical pediatric topics
- ◆ Staff education for school districts in metro Atlanta
- ◆ Reviews and revisions of the [school health manual](#)
- ◆ Serve as prime contact for school nurses to call to discuss programmatic needs and difficult cases
- ◆ Provide the CHOA/DPH [Common Infectious Illness poster](#)
- ◆ [Behavioral Health resources](#)
- ◆ [Educational Videos](#)

Children's Healthcare of Atlanta also provides nutritional and wellness resources through the [Strong 4 Life Program](#). Please click the hyperlink for more information.

For questions or requests, please contact:

**Gail Smith, BSN, RN**

School Health

Phone: 404-785-7202

Cell: 404-395-8067

Email: [schoolhealth@choa.org](mailto:schoolhealth@choa.org)

Web Page: <http://www.choa.org/schoolhealth>

Want to receive School Health News:

<http://pages.choa.org/School-Nurse-OptIn.html>

### Helpful Links

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [ORAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

*Resources obtained from the  
[National Association of School Nurses Website](#)*

## Do You Know Someone Who is Looking for a Career?

Students interested in entering a field in which there are plenty of job openings can choose to enroll in one of 17 programs of study for which **free tuition** is available! The HOPE Career Grant can be the boost a student needs to get started on a rewarding career in a well-paying job, and without accumulating a lot of student debt. It also helps Georgia employers by creating a pipeline of skilled workers they can hire well into the future. To learn more, or find out which campuses offer these programs, click on one of the programs below. To be eligible for the HOPE Career Grant, students must first qualify for and be receiving the HOPE Grant. The two grants together will cover all tuition in these 17 programs of study. Students will still be responsible for student fees and any equipment necessary, although in some cases, financial aid is available for those as well.

- ♦ [\*\*Automotive Technology\*\*](#)
- ♦ [\*\*Aviation Technology\*\*](#)
- ♦ [\*\*Certified Engineer Assistant\*\*](#)
- ♦ [\*\*Commercial Truck Driving\*\*](#)
- ♦ [\*\*Computer Programming\*\*](#)
- ♦ [\*\*Computer Technology\*\*](#)
- ♦ [\*\*Construction Technology\*\*](#)
- ♦ [\*\*Diesel Equipment Technology\*\*](#)
- ♦ [\*\*Early Childhood Care and Education\*\*](#)
- ♦ [\*\*Electrical Lineman Technology\*\*](#)
- ♦ [\*\*Health Science\*\*](#)
- ♦ [\*\*Industrial Maintenance\*\*](#)
- ♦ [\*\*Logistics/Transportation Technology\*\*](#)
- ♦ [\*\*Movie Production Set Design\*\*](#)
- ♦ [\*\*Practical Nursing\*\*](#)
- ♦ [\*\*Precision Manufacturing\*\*](#)
- ♦ [\*\*Welding and Joining Technology\*\*](#)

# FREE TUITION!

If you enroll in one of 46 designated programs, Georgia's NEW **HOPE CAREER GRANT** could pay your tuition!

MRI & CT Specialist	Commercial Truck Driving	Practical Nursing	Film & TV Production	Early Childhood Care & Education	Pharmacy Technology	Welding & Joining Technology
Nurse Aide	Computer Networking	Surgical Technology	Web Site Design	Diesel Equipment Technology	Computer Programming	and many more!